

JESSIE THORNTON'S UNITED KARATE STUDIO

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TIME	SIDE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00	S		ALL RANKS ADULTS		ALL RANKS ADULTS	
	N		SUMMER ALL RANKS YOUTH & ADULTS		SUMMER ALL RANKS YOUTH & ADULTS	
4:00	S	WHITE-PURPLE YOUTH & ADULT	WHITE-PURPLE YOUTH & ADULT	WHITE-PURPLE YOUTH & ADULT	GREEN-BLACK YOUTH & ADULT	ALL RANKS YOUTH & ADULT
	N					
4:50	S	GREEN-BLACK YOUTH & ADULT	GREEN-BLACK YOUTH & ADULT	GREEN-BLACK YOUTH & ADULT	WHITE-PURPLE YOUTH & ADULT	
	N					ALL RANKS YOUTH & ADULT
5:40	S	KICKBOX AEROBICS	ALL RANKS YOUTH & ADULT	KICKBOX AEROBICS		KICKBOX AEROBICS
	N	ALL RANKS YOUTH & ADULT		ALL RANKS YOUTH (SPARRING)	KARATE RANGERS	ALL RANKS YOUTH & ADULT
6:30	S		BLACK BELT YOUTH & ADULT		ALL RANKS YOUTH & ADULT	
	N	ALL RANKS YOUTH & ADULT	RED BELT YOUTH & ADULT	ALL RANKS YOUTH & ADULT	SELF-DEFENSE CLASS WEAPONS	ALL RANKS YOUTH & ADULT (SPARRING)
7:00	S	SELF-DEFENSE CLASS				
7:30	S				BLACK BELT YOUTH & ADULT	
	N	ALL RANKS YOUTH & ADULT		ALL RANKS YOUTH & ADULT (SPARRING)	ALL RANKS YOUTH & ADULT	